



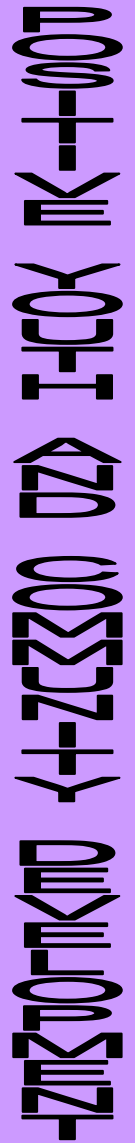
**BLACK FAMILY DEVELOPMENT, INC.
CONTINUUM OF CARE
2009 LOGIC MODEL OF ACHIEVED OUTCOMES**

Service Category	Programs	Activities	Outputs	Outcomes
<p align="center">MC-ISC-MSW-ZMCC</p>	<p>Care Management Organization (CMO)</p> <p>Integrated Services Program (ISP)</p> <p>Treatment Foster Care (TFC)</p> <p>Wraparound</p> <p>Youth Assistance Program (YAP)</p> <p>Utilization Review (UR)</p>	<p>General Services:</p> <ul style="list-style-type: none"> • Assessments to determine placement and treatment needs • Placement of youth in a treatment track • Complete Service/Treatment Plans timely • Maintain electronic case records on the Juvenile Agency Information System (JAIS) • Monthly case manager face-to-face contact with youth and family • Ensure weekly face-to-face contact by treatment providers • Represent the youth and agency's interest in Court and submit Progress Review Hearing to the Jurist of record • Petition Court for change in security level if necessary • On-Site drug testing and psychological services • In-home family-centered treatment <p>Specialized Services</p> <ul style="list-style-type: none"> • Wraparound implements a first-ever partnership between the Mental Health and Juvenile Justice to ensure cross-systems treatment of adjudicated/at-risk youth/families. • Updated CAFAS completed to determine client's/family's progress. • Treatment Foster Care program provides foster care parents for youth in need of foster care services. Youth are matched with a licensed foster parent. • Program-specific utilization review audits • Four prevention tracks to serve as after-school diversion programming to prevent at-risk youth from delinquent behavior (Youth Assistance Program) • Length of Stay (LOS) Committee weekly meetings to review appropriate placement for youth in detention and residential facilities • 70% of consumer in residential facilities experience a decrease in length of stay due to UR activities. 	<p>Number of CMO case managment recipient families in 2009: 1113</p> <p>Number of juvenile justice treatment model recipient families in 2009: 326</p> <p>Number of adjunct support program recipients in 2009: 246</p> <p>Number of juvenile justice prevention recipients in 2009: 70</p> <p>UR outputs *499 youth placed in community treatment *329 URs conducted *41 UR Committee meetings</p>	<p>Juvenile Justice Case Management Services for Adjudicated Youth/Families:</p> <ul style="list-style-type: none"> • 98.6% of juveniles remained free of felony convictions while enrolled. • 94.8% of juveniles remained free of a felony conviction after 2 years in the community. • 91% of youth did not AWOL while in care. • Network of 40 residential & community providers <p>Outcome Data Sources: OTIS Tracking Information System; Population Rpt</p> <p>Juvenile Justice Treatment Services for Adjudicated Youth/Families:</p> <ul style="list-style-type: none"> • 95.2% of juveniles received their initial treatment at their least restrictive level of care • 92.3% of juvenile offenders with special needs (i.e., medical, MH, sex offenders, substance abusers) successfully completed treatment without reoffending. • 72% of juvenile offenders with special needs were placed in appropriate care within 30 calendar days of admission. • 308 CMO youth were assisted with resume and job application completion. <p>Outcome Data Sources: CMO MIS AOD Report; ISP Population Report; Report cards; Monthly Management Reports</p> <p>Juvenile Justice Prevention Services:</p> <ul style="list-style-type: none"> • 90% of YAP youth remained free of arrest. • 100% of YAP youth distinguished between illegal behavior & positive decision-making. <p>Outcome Data Sources: Post Tests & Case Notes</p> <p>Consumer Generated Service Improvements:</p> <ul style="list-style-type: none"> • Family requests for low- and no-costs out-County community resources fostered resource acquisition to empower families beyond Detroit.

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M E N T A L H E A L T H	<p>Multi-Systemic Therapy (MST)</p> <p>Intensive Family Services (IFS)</p>	<p><u>General Services:</u></p> <ul style="list-style-type: none"> • Assessments, Screenings, Diagnoses • Case Management • Home- and community-based interventions • Strength-based, Person-centered approach • Child/family safety education and techniques • Crisis Intervention & 24/7/365 availability • Educational support, advocacy, and goal setting • Monthly client satisfaction surveys • Staff growth and development trainings <p><u>Specialized Services:</u></p> <ul style="list-style-type: none"> • Individual & family treatment to adjudicated youth 2 times weekly • Cognitive-behavioral therapy • Risk / Strengths and Needs / Psychosocial Assessments; Treatment Plans; Release Plans; Safety Plans; and Progress Notes • Random drug screens • Cognitive-Behavioral Skill-building strategies • Substance Abuse Prevention Education • Employment, and independent living, skills • Anger management • Mentoring • Transportation • Sexual health/abstinence education, as appropriate • Participation in BFDI Positive Youth Development Initiatives 	<p>Number of mental health treatment recipient families in 2009: 312</p>	<p><u>Mental Health Treatment Services for Adjudicated Youth/Families:</u></p> <ul style="list-style-type: none"> • 94% of discharged youth have not been arrested for re-offense • 89% of youth served are living at home, thus not requiring out-of-home placement • 80% of the youth served were attending school/vocational training or work <p>Outcome Data Sources: 2600 Data Report; Monthly Management Reports; Discharge Summaries; AWOL Reports; Therapist Adherence Measure Data; Program Roster</p> <p><u>Consumer Generated Service Improvements:</u></p> <ul style="list-style-type: none"> • IFS consumers' requests for transportation assistance, fostered these program changes: <ul style="list-style-type: none"> - Therapists provide youth up to a week's supply of bus tickets after other means are exhausted. - Therapists will aid youth/parent with purchasing a discount monthly bus pass. - Therapists will work with youth/parent on budgeting transportation costs, and follow-up re: budget sufficiency.

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	<p>F.A.C.E. : (<i>Finding Abstinence with Commitment to Empowerment</i>) -Intensive Outpatient (IOP) -Outpatient (OP) -Womens' Specific (WS) -Womens' Specific Mini-Grant -Case Mgmt. (CM)</p> <p>City of Detroit: - HOPE (OP) - F.R.E.E. (<i>Finding Resolution Everyday through Education</i>)</p> <p>CMO Hope (OP & IOP treatment)</p>	<p><u>General Services:</u></p> <ul style="list-style-type: none"> • Individual, group, marriage, co-dependency, family, and Gender-Specific counseling • Didactic group education • Support services to clients in the following areas: financial, medical, optical, dental, employment, housing, vocational, educational, psychological, child care, clothing, food, and mental health services • Education about alcohol, tobacco, and other drugs (ATOD) and its negative effects on individuals, families, and communities • Assessments, service plans, community referrals, resource linking, monitoring, follow-up, advocacy, and aftercare linkages • Transportation assistance (bus tickets/staff vehicles) <p><u>Specialized Services:</u></p> <ul style="list-style-type: none"> • IOP –group/didactic/individual/family or gender-specific therapy provided 3 days/week for 3 hours/day • Outpatient –group/didactic/individual/family or gender-specific therapy 1-2 days/week for 1-1.5 hours/day • Relapse Prevention • Contingency Management • Urine Screens • Referrals to AA/NA support groups • Weekly Life Skills Group and bi-weekly cultural outings for the clients (CM) • Youth life skill education to improve peer interactions, pursuit of life goals, and coping mechanisms free from use of ATOD (FREE) • Parenting education to reduce risk of ATOD use (FREE) • Advancing development/ enforcement of ATOD ordinances, regulations, and legislation (FREE) • Provision of competent services to co-occurring disorder (mental health and substance abuse) affected consumers and their families 	<p>Number of substance abuse treatment recipient families in 2009: 184</p> <p>Number of substance abuse case managmt services received by families in 2009:</p> <p>- <i>Basic needs referrals provided:</i> 320</p> <p>- <i>Bus tickets provided:</i> 512</p> <p>- <i>Drug screen referrals:</i> 73</p> <p>Number of substance abuse prevention recipients in 2009:</p> <p>FREE: 14,368</p>	<p><u>Substance Abuse Treatment Services:</u></p> <ul style="list-style-type: none"> • 100% (65 of 65) persons served in the FACE program remained arrest- free during treatment. • 99% (83 of 84) persons served in the HOPE program remained arrest- free during treatment. • 89% (31 of 35) of CMO-HOPE clients did not acquire further legal offenses during treatment. • 88% (74 of 84) persons who completed the HOPE program demonstrated urine tests that were free of drugs/alcohol. • 83% (29 of 35) persons served in the CMO-HOPE program were in school and/or employed. <p>Outcome Data Sources: City of Detroit (BSATPR) Outcome Data; SEMCA enrollment data, Progress Notes; Discharge Summary; Aftercare Agreement; Self-Report; ACCESS Laboratory Drug Screen Results; JIS</p> <p><u>Substance Abuse Case Management Services:</u></p> <ul style="list-style-type: none"> • 51 follow-up surveys were completed by 2009 FACE participants indicating an improved quality of life at 30 days post discharge. <p>Outcome Data Sources: Quality of Life Questionnaire responses</p> <p><u>Substance Abuse Prevention Services:</u></p> <ul style="list-style-type: none"> • 100% of the youth who participated in Lions Quest: Skills for Adolescence education groups, and parents who completed a Parenting Wisely group, demonstrated an increase in knowledge and skill development. <p>Outcome Data Source: Educational curriculums' pretest and posttests</p> <p><u>Consumer Generated Service Improvements:</u></p> <ul style="list-style-type: none"> • FACE case management consumers' requested job search assistance. Detailed service planning included employment, and other life skills. • Treatment consumers indicate they need greater motivational incentives to maintain consistent treatment gains. Staff will implement no-cost rewards (i.e. certificates, group leadership).

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	<p>Families First of Michigan (FFM)</p> <p>Family Connections (FC) - Children's Bureau - CMO - UWSEM</p> <p>Your Essential Services (Y.E.S.) - Essential Svcs - Homeless Prevention Svcs (HP)</p> <p>Intake</p>	<p><u>General Services:</u></p> <ul style="list-style-type: none"> • Initial contact with family is made within 24 hours • Small caseloads allowing for intensive intervention • Services are home-based and community-based • Time-limited programming • An ecological approach using family & community interactions • Specific assistance for families' basic needs • Individual, Family, and Group Counseling • Support groups • Case Management <p><u>Specialized Services:</u></p> <ul style="list-style-type: none"> • Parenting education • Teach/model: home management, budgeting, communication and assertiveness skills • Domestic violence services, including assistance with personal protection orders (PPOs) • Advocacy with schools, medical and mental health facilities • Housing and relocation assistance • Assistance with food, clothing, appliances and other concrete needs. • Linkages to natural helping networks and ongoing community supports • Transportation support services • Initial face to face contact with family in 24 hours • Safety planning • Families set a minimum of 2 solution focused goals with referring CPS worker and FFM counselor • Individual and Family Activities • FC Multi-family Activities • Assistance with identifying stable, adequate housing • Financial assistance for security deposit, rent and, utility payments • Assistance with securing legal documents such as state identification, birth certificates, criminal record clearance or other legal documents necessary to secure housing • A single point of entry with assessment, resource linking /coordination, and follow-up services provided 	<p>Number of family preservation treatment recipient families in 2009: FFM: 204 FC: 25</p> <p>Number of family preservation prevention recipients in 2009: 50</p> <p>Number of family preservation case management recipient families in 2009: 212</p> <p>Number of persons served by Intake Dept in 2009: 6405</p>	<p><u>Family Preservation Treatment Services:</u></p> <ul style="list-style-type: none"> • 95% of families remained intact during FFM participation. • 85% of families have reported avoiding placement three (3) months after FFM discharge <p>Outcome Data Sources: Tracking log of all referrals received & terminated; 3-month follow-ups documented in FFIS</p> <p><u>Family Preservation Prevention Services:</u></p> <ul style="list-style-type: none"> • Increased Child Safety: 85% of referred youth remained safely at home. • Increased Child Well Being • 80% of families marked a steady and consistent positive improvement in child well-being. <p>Outcome Data Sources: Substantiated abuse reports from the Department of Human Services, CBCL and Self Reports</p> <p><u>Family Preservation Case Mgt. Services:</u></p> <ul style="list-style-type: none"> • Of the 212 families facing homelessness or at risk for homeless, 104 received Emergency concrete assistance with basic needs. <p>Outcome Data Sources: Program Roster</p> <p><u>Intake Services:</u></p> <ul style="list-style-type: none"> • 648 crisis intervention contacts were processed. • 183 Face-To-Face contacts occurred; a 30% increase from 2008. • 287 consumers requested holiday assistance • 187 consumers requested food assistance; 285% decrease from 2008, due to more Detroiters qualifying for food stamps, and the increase in the food stamp benefits. 2009 saw an increase in agency's providing food supplies. <p>Outcome Data Sources: Intake Database& Binder</p> <p><u>Consumer Generated Service Improvements:</u></p> <ul style="list-style-type: none"> • CEO's DTE collaboration brought to light consumers' not benefitting from Earned Income/Home Heating Credit. Intake now screens and educates consumers to benefit from both tax credits and THAW.

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	<p>African Centered Olympics</p> <p>Family Health Fair</p> <p>My Healthy Body</p> <p>BFDI Youth Employment Program</p> <p>Back To School Community Day</p> <p>Keys To Literacy</p> <p>Skillman "Good Neighborhood Initiative"- Networking for Change</p> <p>Trained To Reign-Financial Literacy</p>	<p>General Services:</p> <ul style="list-style-type: none"> • Showcase the gifts and talents of youth • Strengthen and preserve families by empowering our youth and our neighborhoods • Osborne community revitalization and collectivism • Mathematic, literacy, and academic training <p>Specialized Services:</p> <ul style="list-style-type: none"> • Remembering and understanding African American Heritage and honoring our ancestors • Introducing the Nguzo Saba • Small group and community-wide nutrition and fitness based education, which included teaching on how to read and understand food labels, the body's dependence upon water and daily water intake, how to decrease daily fat consumption, defining energy-dense foods, appropriate restaurant eating, and health screenings. • Work experience, career training, and professional mentoring for underserved Detroit youth. • A Community Day program for children, youth, and families in resource-poor communities that often lack the basic supplies to be ready for school. • A reading methodology to improve youths' reading comprehension using diagnostic testing, pre-and post-testing at each internet-based, interactive, reading level. • Targeted collaboration with Osborn community residents, block club presidents to foster organized communication and policing efforts through Block Club development. • Reconvene de-activated block clubs. • Establish new block clubs within the Osborn community. • Financial literacy education to equip youth for adulthood and wise financial decision-making beginning in adolescence. 	<p>Number of African Centered Olympics participants: 347</p> <p>Number of Family Health Fair participants: 385</p> <p>Number of Healthy Body participants: 32</p> <p>Number of employment participants: 10</p> <p>Back To School participants: 500</p> <p>Number of Keys To Literacy participants: 26</p> <p>Number of block clubs established: 295</p> <p>Number of Financial Literacy participants: 15</p>	<ul style="list-style-type: none"> • 347 students increased their knowledge of African American history through competitive classroom, school, and City-wide competitions. • 385 persons educated on nutritious eating, physical activity, and preventive health care screenings (dental, diabetes, blood pressure, etc) • 84% of students completed the My Healthy Body Olympics final project demonstrating their increased knowledge of nutrition and fitness. • 27 youth and their families' benefitted from nutrition education homework. • 300 resource-challenged youth 6-18 received school supplies. • 41 adults participated in the training entitled, "Make the Streets Safe for Kids and How To Start A Block Club" at the Back to School Rally. • 90% of youth who attempted the Fundamental ASLES reading level completed. • 67% of youth who attempted the Advanced ASLES reading level completed. • 310 residents signed a Commitment Statement to establish a block club. • 117 residents were trained in grant writing to support their block club. • An additional 70 residents trained on block club leadership strategies (1,142 residents total). • 31 Osborn community block club meetings held. • Osborn residents elected a BFDI staff member to the Osborn Governance Board. • 15 youth received training on assets, liabilities, budgets, investing, and net worth. <p>Outcome Data Sources: Sign-in Sheets; Progress Notes; Meeting Agendas and Minutes; Program Reports/Logic Models</p> <p>Consumer Generated Service Improvements: African Olympics team coach requested to receive Study Manual earlier. BFDI staff completed and distributed the Study Manual earlier.</p>